

Weekly Edition March 21, 2025 Crew 9 Astronauts Return Safely

Crew 9 returned in Dragon spacecraft Freedom from the International Space Station on Tuesday, March 18, The spacecraft returned with NASA astronaut Nick Hague, commander of Crew-9, and Roscosmos cosmonaut Aleksandr Gorbunov, the mission's pilot. The two launched to the station on the spacecraft in September. The crew also included NASA astronauts Suni Williams and Butch Wilmore. The two arrived on the station in June on the Crew Flight Test mission of Boeing's CST-100 Starliner, originally for a stay intended as short as eight days. However, problems with the spacecraft's thrusters led NASA in August to decide to bring Starliner back uncrewed. The agency removed two astronauts originally assigned to Crew-9, Zena Cardman and Stephanie Wilson, to free up seats for Wilmore and Williams for the trip back to Earth.

The spacecraft's return appeared to be technically flawless. The four people on board were taken off the capsule a short time later, appearing to be in good spirits.

Crew-9 departed the ISS barely 48 hours after their replacements arrived on another Crew Dragon spacecraft, Crew-10. NASA shortened the handover between the crews to take advantage of excellent weather conditions at the splashdown location. Bill Spetch, operations integration manager for the ISS program at NASA, said they immediately took care of critical briefings during the handover covering emergency procedures, but there was less



NASA astronaut Nick Hague, commander of Crew-9, Roscosmos cosmonaut Aleksandr Gorbunov, mission pilot, NASA astronauts Suni Williams and Butch Wilmore ready to return.



time for the departing Crew-9 astronauts to discuss routine station operations and procedures, institutional knowledge that isn't necessarily written down.

The return of Williams and Wilmore, who spent 286 days in space, brought an end to a saga. For months, the two were often characterized as "stranded" astronauts, something that NASA regularly pushed back against. "We always had a lifeboat, a way for them to come home," Steve Stich, NASA commercial crew program manager, said at a return briefing. "And then it really became, when is the right time? When is the right time to bring them back?" At the briefing, Stich noted that the Crew-10 launch was delayed from mid-February to late March because of problems with a new Crew Dragon spacecraft originally assigned to that mission. NASA and SpaceX then agreed to swap Dragon spacecraft to avoid further delays in the Crew-10 launch, allowing the launch to be moved up about two weeks, although still later than the original timeline.

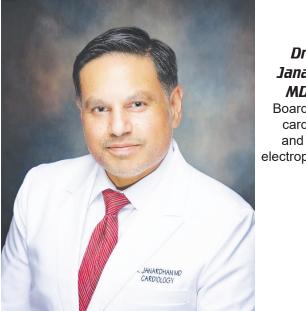


Recovery team gets a pod of dolphins "assist"

Parrish Medical Center First in Brevard to Pioneer Pulsed Field Ablation

Groundbreaking new cardiac care advancement to treat irregular heart rhythms (Afib)

Parrish Medical Center is the first in Brevard County to introduce Pulsed Field Ablation (PFA), a groundbreaking cardiac care advancement for the treatment of atrial fibrillation (AFib). Ajit Janardhan, MD, PhD, a board-certified cardiologist and cardiac electrophysiologist renowned for his expertise in heart rhythm disorders, will perform this innovative procedure inside Parrish Medical Center's state-of-the-art Cardiac Electrophysiology Laboratory.



Dr. Ajit Janardhan, *MD, PhD* Board-certified cardiologist and cardiac electrophysiologist

Scheduled to debut in the coming weeks, this milestone marks Parrish Medical Center as the first hospital in Brevard County to offer PFA, a revolutionary non-thermal ablation technique that uses high-voltage electrical pulses to target and eliminate abnormal heart tissue with exceptional precision and safety. Unlike traditional methods, PFA minimizes risks to surrounding tissues, offering patients a faster, safer and more effective option for managing AFib—a condition affecting millions of Americans that can lead to stroke, fatigue and heart failure if untreated.

Dr. Janardhan, who joined Parrish Medical Center in 2022, brings a wealth of experience and a passion for advancing cardiac care. "Pulsed Field Ablation represents a transformative leap forward in how we treat atrial fibrillation," said Dr. Janardhan. "Its ability to precisely target the source of irregular heart rhythms while reducing complications is a game-changer for our patients. I'm honored to bring this technology to Brevard County and help improve the lives of those living with AFib."

Parrish Medical Center's Cardiac Electrophysiology Laboratory, equipped with the latest technology, provides the ideal setting for this advanced procedure. The hospital's commitment to innovation and patient-centered care has positioned it as a leader in cardiovascular services, offering same-day ablations since 2023 and now expanding its capabilities with PFA.

"We are proud to be at the forefront of this exciting development in cardiac electrophysiology," said Matt Graybill, Assistant VP of Operations of Parrish Healthcare. "Dr. Janardhan's expertise, combined with that of our entire team and cutting-edge facilities, underscores our dedication to delivering world-class healthcare to our community."

To learn more about Pulsed Field Ablation and the other cardiovascular service advancements available at Parrish Healthcare, visit parrishhealthcare.com/cardiovascular or call 321-633-8660.



THE 39 STEPS April 4-20, 2025 Rated PG

Combine a film masterpiece by Alfred Hitchcock with a juicy spy novel and add a large splash of Monty Python humor. The result? A fast-paced, hilarious whodunit with versatile actors portraying more than 50 roles!

London, 1935. The rather dull Richard Hannay encounters a woman who claims to be a spy. When she is suddenly murdered, Richard finds himself the focus of a nationwide manhunt led by a mysterious organization called "The 39 Steps." This play is a hilarious comedy full of dazzling, inventive stagecraft and virtuoso performances that will have you rolling in the aisles until the death-defying, climatic finale.

Stage 2

STAGE 2 is located in an outdoor, but covered pavilion. Performances will occur rain or shine. The gates are located at 316 South Palm Avenue and open 30 minutes before your show. Please dress and be prepared for the weather. For show times, more information or to purchase tickets, visit https://titusvilleplayhouse.com/.

Parrish Healthcare Open Interviews & Job Opportunities for Healthcare Workers Affected by Rockledge Hospital Closure

Parrish Healthcare recognizes the dedication and expertise of the health care professionals affected by the closure of Rockledge Hospital. Parrish Healthcare is hosting several hiring events for those seeking immediate employment opportunities.

Parrish Healthcare hosts open interviews every Tuesday from 9:00 a.m. to 12 p.m. at Parrish Medical Center; 951 North Washington Avenue, Titusville.

- Registered Nurses
- RN Clinical Coordinators
- RN Charge Nurses
- Certified Nursing Assistant
- Medical Assistant
- Emergency Medicine Technologist
- Respiratory Technologists
- CT Technologists
- EKG Technologists
- Quality Improvement
- MRI Technologists
- Radiology Technologist
- Phlebotomist
- Identity Access Management Analyst
- Paramedic
- Sterile Processing Technician
- Cardiovascular Invasive Specialist
- Athletic Trainer

For additional information regarding open positions within Parrish Healthcare, please visit parrishhealthcare. com/careers.

Be a Part of Something Special. Be a Parrish Care Partner!

Parks & Recreation Meeting



The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, April 10th, 2025 at 4:00 p.m.

The meeting will be held in the Brevard Room at 518 South

Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center–North.

For questions, call Jeff Davis at 321-264-5105.

Thunder Over Indian River Golf Classic

Our Seventh Annual Charity Golf Classic will be held on Saturday, April 19th at Indian River Preserve Golf Club. The cost is \$80 per person or \$300 per team and includes greens fee, cart, lunch, range balls and on-course contests.

Registration will begin at 7:00 a.m. with the tournament officially starting at 8:00 a.m. Afterwards, please join us for lunch, awards and raffle at about 12:30 p.m.

All proceeds benefit the Port St. John Independence Day events and fireworks. In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the pin" challenges, along with a putting contest. A holein-one wins \$25,000 toward the purchase of a new vehicle sponsored by Starling Buick/ GMC, a 15 SEER A/C system sponsored by Freedom Air and Plumbing or a Hybrid Water Heater provided by Freedom Air and Plumbing.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$125, or attend the awards luncheon for \$20.00. For an application or additional info, email PSJCommunityFoundation@gmail.com or visit https://portstjohncommunityfoundation.com/.

The deadline to register is April 4th.



Brevard Discovery Garden to Host Spring Plant Fundraiser

Join us in the Brevard Discovery Garden in Cocoa, Florida, for our Spring Fling Plant Fundraiser! We will have a fantastic selection of Native and Florida-Friendly plants, vegetables, and herbs ready to go into your garden. Our Louisiana Iris collection will be the star of the show! This fundraiser is open to the public and will be on March 29th from 9 a.m. to 1 p.m. in the garden behind the UF/ IFAS Brevard County Extension Office located at 3695 Lake Dr. Cocoa. Please note that only cash or check donations can be accepted.

Visitors can tour the Brevard Discovery Garden to learn about environmentally friendly gardening practices, have gardening tools sharpened and enjoy kids' activity tables. UF/IFAS Brevard County Master Gardeners will be there to answer any gardening and plant questions. Bring your family or friends for a nice day out in the garden.

For more information and to register, please visit this link: https://loom.ly/5N6bTic or follow the Brevard Discovery Garden on Facebook for updates, educational information and future events.

If you have any questions, please call us at 321-633-1702 or email brevard@ifas.ufl.edu.



LIBRARY HOURS: Monday, Tuesday, Thursday. 9 a.m.-6 p.m.; Friday and Saturday, 9 a.m.-5 p.m.; Wednesday, 12-8 p.m. and Sunday, 12-5 p.m. Youth Services

STEAM Time - Every Tuesday afternoon from 4:30–5:30 p.m. in the meeting room for children ages six through twelve. We have activities centered around science, technology, engineering, art and mathematics. This event requires parent or adult supervision at all times.

3/25— Lego Building Contest: Racecars

Read Your Way to K: Baby Story Time - 9:30 to 10:00 a.m. every Friday in the meeting room. We invite babies, young toddlers, and their caregivers to join us for stories, songs, and activities. This storytime is for babies ages three and younger and always requires parent or adult supervision. **Read Your Way to K: Toddler Story Time** - 10:30 to 11:00 a.m. every Friday in the meeting room. We invite babies, young toddlers and their caregivers to join us for stories, songs and activities. This storytime is for toddlers ages three to five and always requires parent or adult supervision.

Sensory Sundays - Every Sunday from 2:00 to 3:00 p.m., children can join the library staff for sensory bin activities. This event is for ages six and up and always requires parent or adult supervision.

3/23— Planet Sponge Painting

3/30— Doily Daisies

Saturday Craft Crew - Saturday, March 22nd from 9:30 to 10:30 a.m. Join us on Saturdays for a fun, hands-on craft time designed for kids ages four and up. We'll explore a new project or activity each week, helping kids get creative with colorful materials and exciting themes! It's the perfect way to start your weekend with a splash of imagination and fun!

3/22— Flamingo and Turtle Mosaic

3/29— Space Rocket Craft

Family Programs

Family Spice Travelers Spice Club - Friday, March 21st at 3:30 p.m. This is a family event. Come to the meeting to pick up a spice kit and share food, recipes, and cooking adventures. It's fun for the entire family.

Escape Room - March 23-25, 4:00 to 5:30 p.m. Erin go Bragh! Use the luck of the Irish to unlock clues, solve puzzles and find gold (chocolate) coins at the end of the rainbow! Please RSVP!

Game Day - Every Sunday from 1:00 to 4:00 p.m. Join us to meet other game enthusiasts for an afternoon of board, tabletop and card games in the main library area. Use one of the library-provided sets, or bring your own! All ages are welcome to this family-friendly event. **Community Advocate** - Mondays, March 31, from 1:30 to 5:00 p.m. The community support advocate assists with housing, SNAP, social security, healthcare and insurance, and senior resources.

Port Readers Book Club - Wednesday, March 26, at 6:30 p.m. March's title is Vampires El Norte by Isabel Cañas. Books are available at the reference desk.

Canning Classes

Join us to learn how to preserve your own food! Our upcoming classes will focus on the canning and preserving process. You will be able to take your creations home, so please bring a box with you, as the jars will still be hot. All other materials are provided in class. These classes are held at the UF/IFAS Extension office in Cocoa, located at 3695 Lake Dr. Cocoa. Space is limited to 8 people and advance registration is required.

The Pickling Process

April 3, 2025, from 2 to 4:30 p.m., costs \$35. Registration ends on March 28, 2025 at 5 p.m. Register on Eventbrite: https://loom.ly/qA9udXo.

Canning 101: Water Bath and Pressure Canning

April 3, 2025, from 6 to 8:30 p.m., costs \$35. Registration ends on March 28, 2025, at 5 p.m. Register on Eventbrite: https://loom.ly/fJy5FqE.

Jams & Jellies

April 5, 2025, from 9 to 11:30 a.m., costs \$35. Registration ends on April 1, 2025, at 5 p.m. Register on Eventbrite: https://loom.ly/76uxEws

For more information, please call us at (321) 633-1702 or email Brevard@IFAS.UFL.edu

The University of Florida is committed to providing universal access to all of our events. For disability accommodations such as sign language interpreters and listening devices, please contact the UF/IFAS Brevard County Extension Office at brevard@ifas.ufl.edu or (321) 633-1702 at least 2 weeks in advance. Advance notice is necessary to arrange for some accessibility needs.

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