

# HAPPENINGS

## Weekly Edition

February 7, 2025

### February Events at the Enchanted Forest Sanctuary

**Nature Storytime** - Wednesday, February 12 from 10 to 10:30 a.m.-Limited space. Registration required. Geared towards ages 5 years and under. Theme: Florida Panthers! Come have fun while learning about the Florida Panther in the porch outside. Please dress appropriately for outdoor weather. Registration is required. Please call 321-264-5185 to sign up.

**Sanctuary School** - Wednesday, February 19 from 10 to 11 a.m. - Limited Space. Registration Required. Geared towards ages 6 through 12. Theme: PAWsitively Purrfect Panthers! Come learn about the Endangered Florida Panther! Please dress appropriately for outdoor weather. Registration is required. Please call 321-264-5185 to sign up.

**Forest Funday** - Sunday, February 16 all day!-Stop by to learn about birds that visit and live in the Enchanted Forest through our grab-and go educational activities, and take-home crafts in the Discovery Room.

**Yoga in Nature** - Every Sunday in February 9:30 to 10:30 a.m. - Join local yoga instructors for a traditional class for all levels on the porch! Wear loose-fitting clothing and do not eat anything an hour before class. Bring water and a mat. Due to colder weather, please dress accordingly. Registration required no later than the day before class, please call 321-264-5185. Space limited.

**Guided Hikes** - Openings on Sundays at 10 a.m. Please call 321-264-5185 to inquire about availability. Enjoy a 45-minute guided hike. Please bring a hat, water and closed-toe walking shoes. Registration required no later than the day before the hike.

**Photo of the Month!** We are looking for photo entries from any of our EEL sanctuaries to be featured at the EFS nature center. For more information and to enter your photos, please email [teresa.nick@brevardfl.gov](mailto:teresa.nick@brevardfl.gov).

Be sure to follow us on Facebook at Brevard County Environmentally Endangered Lands Program to stay updated on upcoming events and more!

The Enchanted Forest Sanctuary was created and managed under the Brevard County's Environmentally Endangered Lands Program referendum. The referendum was established by voters in 1990 to protect and preserve the rich biological diversity of Brevard County for future



generations. The Enchanted Forest Sanctuary operates in partnership with the Friends of the Enchanted Forest, Inc. to provide hands on educational experiences for all visitors.

Admission to the sanctuary and education center is free and open to the public on Tuesday through Sunday from 9 a.m. to 5 p.m. Come out to visit soon!



#### SISTAS OF SOUL – CONCERT February 28 - March 1 Rated PG

These Sistas of Soul shaped the music industry and recorded some of the most memorable music of all time. Join us for a look back at the greatness of Etta, Gladys, Patti, Roberta, The Voice, The Queen of Soul, and so many more. Hop on that Midnight Train to Georgia and bring a New Attitude and Respect for these legends. Our powerhouse vocalists will take this One Moment in Time to be Killing You Softly with these songs.

#### Stage 2

STAGE 2 is located in an outdoor, but covered pavilion. Performances will occur rain or shine. The gates are located at 316 South Palm Avenue and open 30 minutes before your show. Please dress and be prepared for the weather. For show times, more information or to purchase tickets, visit <https://titusvilleplayhouse.com/>.



2025 Titusville Chamber of Commerce Chairman of the Board, Amer Hatoum, presents Natalie Sellers, Senior Vice President of Communications, Community & Corporate Services at Parrish Healthcare, with the Large Business of the Year award.

## **Parrish Healthcare Named “Large Business of the Year” by Titusville Area Chamber of Commerce**

Parrish Healthcare, America’s first nationally integrated care certified health system, was recognized as the “Large Business of the Year” by the Titusville Area Chamber of Commerce at their 2025 Board of Directors Installation Dinner. This prestigious award, presented by President and CEO of the Titusville Chamber of Commerce, Erin Akins, highlights Parrish Healthcare’s outstanding achievements and commitment to innovation, sustainability, social responsibility and consistent commitment to the North Brevard community.

“Through various initiatives, whether local job creation, charitable contributions or sustainable practices, Parrish Healthcare shows us that true success is measured not just by profit margins, but the positive impact we have on the world around us,” stated Akins.

“Parrish Healthcare is honored to be recognized as the Large Business of the Year,” said Natalie Sellers, Senior Vice President of Communications, Community & Corporate Services at Parrish Healthcare. “The award is a testament to our dedication and commitment to providing exceptional health care to the community we have the privilege to serve while making a positive impact on our

community. We pride ourselves on serving as a transformative healthcare industry leader, advancing the ideals of collaboration over competition and a relentless commitment to continuous improvement for the benefit of all—patients, families, communities, as well as our internal family of Care Partners.”

Since 1958, Parrish Medical Center has served the community of North Brevard with distinction and has been recognized as One of America’s Finest Healing Environments®. As one of only a few true community hospitals left in America, Parrish Healthcare remains passionate about fulfilling their mission—Healing Experiences for Everyone All the Time®. To learn more about Parrish Healthcare, please visit [parrishhealthcare.com](http://parrishhealthcare.com).

## **Ultimate Van Life Expo**

Have you ever thought about selling your home and living the van life? Or converting a van to your own unique customization, and then taking it to the open road to travel?

Come out to the ultimate Vanlife experience, Florida’s premier event celebrating van life and the great outdoors on Saturday, February 8 from 11 a.m. until 8 p.m. and Sunday from 11 a.m. until 6 p.m. at the Space Coast Daily Park in Viera. Discover over 250 converted vehicles and tour an array of custom vans and buses, showcasing the creativity and craftsmanship of the vanlife community.

Whether you’re an enthusiast or just vanlife curious, there’s something for everyone. Whether you’re a full-time road warrior or want to wander amidst an array of unique vans, buses and other inventive builds, VanFest will be the place to be! You can forge new bonds with fellow nomads and immerse yourself in the spirit of the lifestyle. Enjoy live music, scrumptious food, contests and giveaways at this family-centric event. VanFest hosts hands-on demonstrations, classes, keynote speakers and Q&A sessions covering conversion techniques, working on the road, lifestyle design, health & fitness, and more. Engage in expert-led workshops and gain valuable tips and tricks from seasoned professionals.

VanFest is open to the public. Tickets are available at the gate or get your tickets today at [VANFESTUSA.COM](http://VANFESTUSA.COM) and use the coupon code [SPACECOAST](http://SPACECOAST) for 20% off any general admission or camping ticket. Entry is free for kids. And your furry friends are welcome and encouraged.

For those camping at VanFest:

- Arrival is from 11 a.m. to 6 p.m. on Thursday.
- If you cannot arrive during this window, email us at [lance@vanfestusa.com](mailto:lance@vanfestusa.com), and we’ll figure it out!
- Parking is on a first-come, first-served basis. If you wish to park with friends, you must arrive together.

We will not have hookups at the event – you must be 100% self-contained! We will have bathrooms available at all hours, but no showers.

# TV Fundraiser for PSJ Library

The Friends of the Port St. John Public Library group is fundraising for a TV to facilitate a variety of family-oriented activities: movie nights, karaoke sessions, visual presentations and more.

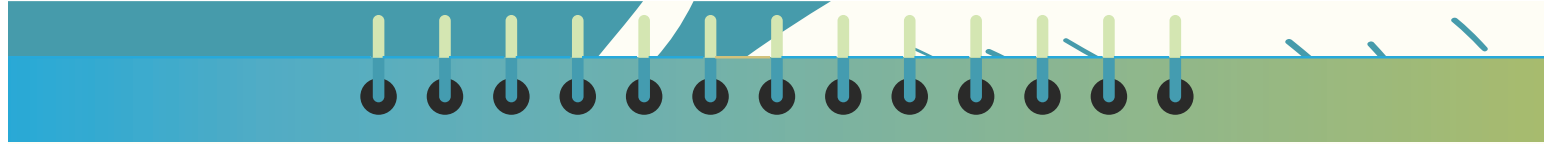
This TV will be used to bring families in the Port St. John community closer together by providing an engaging and versatile experience for all ages. Your support in

fulfilling this request will make these family occasions even more special!

The Friends of the PSJ Library will match any funds that you donate to make this purchase possible.

If you would like to donate for the TV, please go to the GO FUND ME page at:

<https://gofund.me/57efe20c>



## PARRISH HEALTHCARE COMMUNITY SUPPORT GROUPS SCHEDULE

### Amputee Support Group of Titusville

Meets the second Tuesday monthly, 3-4:30 PM  
Parrish Healthcare Center, Manatee Conference Room 5005  
Port St. John Pkwy., Port St. John  
Contact Matthew Julian at 239-850-4117

### A.W.A.K.E. Sleep Support Group

Meets the second Monday monthly, 6-7:30 PM  
Parrish Healthcare Center, Manatee Conference Room 5005  
Port St. John Pkwy., Port St. John  
Contact the Sleep Center team at 321-268-6408

### Cancer and Survivor Support Group

Meets the third Wednesday monthly, 4-5:30 PM  
Heritage Hall, Parrish Health Village  
931 N. Washington Ave., Titusville  
Contact Shannon Luker at 321-268-3544

### Caring for Caregivers Support Group

Second and fourth Thursday monthly, 9:30-11:30 AM  
Heritage Hall, Parrish Health Village  
931 N. Washington Ave., Titusville  
Contact Janet Rooks at 321-268-6800

### Diabetes Support Group

Meets the second Monday monthly, 3-4:30 PM  
Heritage Hall, Parrish Health Village  
931 N. Washington Ave., Titusville  
Contact Peggy McLaughlin at 321-268-6699

### Early Steps Community Play Date

Meets the fourth Wednesday monthly, 9-10:30 AM  
The Children's Center, 5650 S. Washington Ave., Titusville  
Contact Mary Cancel at 321-292-1370

### Fearless Café

Presented by St. Francis Reflections Life Stages Care and Parrish Medical Center.  
Meets the first Wednesday monthly, 10-11 AM  
Heritage Hall, Parrish Health Village  
931 N. Washington Ave., Titusville  
Contact Janet Rooks at 321-268-6800

### Mom's Support Group

Meets Mondays, 10-11 AM  
The Children's Center, 5650 S. Washington Ave., Titusville  
Contact Melinda at [Melinda.Hodges@parrishmed.com](mailto:Melinda.Hodges@parrishmed.com)

### Stroke and Heart Failure Survivors Support Group

Meets the third Tuesday monthly, 2-4 PM  
Heritage Hall, Parrish Health Village  
931 N. Washington Ave., Titusville  
Contact Janet Rooks at 321-268-6800

### Tools to Quit - Quit Smoking

Meets the last Tuesday monthly, 5:30-7:30 PM  
Parrish Medical Center, Conference Room 6  
951 N. Washington Ave., Titusville  
Facilitated by Jennifer Wolowitz, Tobacco Free Florida  
407-889-2292 ext. 102



Visit [parrishhealthcare.com/events](http://parrishhealthcare.com/events)  
for information and to register



[parrishhealthcare.com](http://parrishhealthcare.com)



Healing Families—Healing Communities®

## Brevard Library Con 2025

Join Brevard Libraries for Brevard Library Con! Celebrating pop culture, comics, anime, manga, art, STEAM/STEM, fandoms, Cosplay and more! This year, we'll have the Mobile Library and food trucks outside, and loads of events inside!

The event will include tabletop role playing games, Eras area, UNO, Pokemon card trading, vendors, a family area, Cosplay contest, panels, Makerspace and more!

The event will be held February 23rd from 11 a.m. - 4 p.m. at the Melbourne Auditorium, 625 E. Hibiscus Blvd.

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## Learn to Support Mental Health in Your Community: Adult Mental Health First Aid Course

Mental health is a critical part of overall well-being, and now more than ever, communities need informed and compassionate individuals who can offer support. UF/IFAS Extension Brevard County is proud to offer an Adult Mental Health First Aid course on Wednesday, February 12, 2025, from 9:00 a.m. to 4:00 p.m. The course will be held at UF/IFAS Extension Brevard County, 3695 Lake Dr., Cocoa.

This evidence-based training is designed for anyone who wants to learn how to assist adults experiencing mental health challenges, crises or substance use disorders. Participants will gain the skills and confidence to recognize signs of mental health concerns, provide initial help and guide individuals to professional resources.

What You Will Learn:

- How to identify signs and symptoms of common mental health challenges.
- Five-step action plan (ALGEE) to respond to mental health situations.
- Local resources and support systems available in Brevard County.

Who Should Attend: This course is ideal for community members, educators, first responders, healthcare workers, faith leaders, and anyone interested in making a positive impact on mental health in their community.

- Cost: starts at \$65.00 per person

The deadline to register is February 4th by 5 p.m. Spots are limited, and pre-registration is required. Register online at <https://loom.ly/rXwm0MY>

According to the National Council for Mental Wellbeing, 1 in 5 adults in the U.S. experiences a mental illness each year. By becoming certified in Mental Health First Aid, you can play an essential role in breaking the stigma surrounding mental health and fostering a healthier, more supportive community. Don't miss this opportunity to become a certified Mental Health First Aider. Join us in making a difference!

## Post 359 - American Legion Schedule



**2-1 Bike Days at the Tiki** - 1st Saturday of the month, 1 - 5 p.m. presented by American Legion Riders. Good food on the grill with Fixin's, \$10. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

**2-5 Auxiliary General Membership Meeting** - 1st Wednesday of the month, 6 p.m.

**2-10 Sons of the Legion**, 6 p.m. on the 2nd Monday of the month at the Post.

**2-16 American Legion Riders General Membership Meeting**- 3rd Sunday of the month at 10:30 a.m. Call 2nd Vice Director Janice Anderson, Director, 321-210-6234 or visit our website, [alr359.org](http://alr359.org).

**2-19 General Membership Meeting**- 3rd Wednesday of the month at 6 p.m.

The Post is located at 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), or call 321-268-1632.

If you are a veteran and would like to visit the Post or would like more information about American Legion, contact Commander Michelle Aaron at 321-289-2880 for more information.

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## Amvets Post 2415 Schedule



**2-5 Sons of Amvets 2415 General Membership Meeting** -1st Wednesday of the month at 6 p.m. Commander Chuck Harrington, 321-208-7897.

**2-8 Amvets Riders Chapter 2415 General Membership Meeting** - 2nd Saturday of the month at 12 noon. Pres. Steve Carman, 321-446-3394.

**2-8 Bike Night!** 2:00 - 6:00 p.m. on the 2nd Saturday of the month at the Post.

**2-12 General Membership Meeting**- 2nd Wednesday of the month at 6 p.m.

**2-13 Amvets 2415 Ladies Auxiliary General Membership Meeting** - 2nd Thursday of the month at 6 p.m. President Theresa Nikki Anderson, 321-208-7897.

**Karaoke every Friday, 6-10 p.m.**

**Bingo - members - Sundays 1-?**

**Bingo- Public Welcome - 1st Tuesday at 6 p.m.**

Post 2415 is located at 688 West Ave., (adjacent to Hwy. US 1), Port St. John. If you are a veteran and would like to visit the Post or would like more information about Amvets, contact Commander Larry Lonneville at 321-208-7897.

*The weekly digital edition of*  
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